

2025 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

Compiled from Class A & B Coach representatives

Date: Sept 17, Poll #4

Class A Boys:

Teams

- 1 Bismarck High
- 2 Fargo Davies
- 3 Williston
- 4 Bismarck Century
- 5 Shanley

Individuals

- 1 Owen Hintz - Bismarck High
- 2 Luka Rout - Fargo Davies
- 3 Jacob Windsor - Bismarck High
- 4 Ethan Erickson - Shanley
- 5 Owen Cowan - Williston
- 6 Hudson Bullinger - Bismarck Century
- 7 Cohen Dunnigan - Red River
- 8 Keegan Thomson - Fargo Davies
- 9 Kyler Lorass - Bismarck High
- 10 Austin Wick - Bismarck High

Class B Boys:

Teams

- 1 Bowman County
- 2 New Town
- 3 Kindred
- 4 Hillsboro/Central Valley
- 5 Valley City

Individuals

- 1 Owen Johnson - Northern Cass
- 2 Jonah Njos - Bowman County
- 3 Warner Bowman - Bowman County
- 4 Jaxon Rolle - Glen Ullin/Hebron
- 5 Gabe Sarsland - Bowman County
- 6 Kade Lambert - New Town
- 7 Tyler Gronwold - Kindred
- 8 Aiden Thurber - Ellendale
- 9 Elija Deck - Kindred
- 10 Thomas Bowman - Bowman County

Class A Girls:

Teams

- 1 Bismarck Century
- 2 Williston
- 3 Fargo Davies
- 4 Bismarck
- 5 Shanley

Individuals

- 1 Ruby Ihmels - Bismarck Century
- 2 Harley Jeannotte - Williston
- 3 Cambree Moss - Williston
- 4 Mykenna Johnson - Shanley
- 5 Brielle Stevens - Fargo Davies
- 6 Jillian Lemer - Bismarck Century
- 7 Nora Traynor - Bismarck High
- 8 Emmie Fellows - Sheyenne
- 9 Brenly Vigness - Williston
- 10 Lily Elbert - Shanley

Class B Girls:

Teams

- 1 Bowman County
- 2 Hillsboro/Central Valley
- 3 Killdeer
- 4 Rugby
- 5 Central Cass

Individuals

- 1 Claire Grinde - Hillsboro/Central Valley
- 2 Caroline Anderson - Hillsboro/Central Valley
- 3 Summer Olson - Killdeer
- 4 Kayla Moch - Hillsboro/Central Valley
- 5 Jordyn Honeyman - Bowman County
- 6 Anna Sarsland - Bowman County
- 7 Briana Thompson - Standing Rock
- 8 Jaylee Fischer - Bowman County
- 9 Hannah Senechal - Rugby
- 10 Ericka Berg - Bowman County